भारत सरकार भारत मौसम विज्ञान विभाग (पृथ्वी विज्ञान मंत्रालय) मौसम केन्द्र _{विकासभवन पीओ} तिरुवनंतपुरम - 695 033



GOVERNMENT OF INDIA INDIA METEOROLOGICAL DEPARTMENT (Ministry of Earth Sciences) METEOROLOGICAL CENTRE VikasBhavan P.O Thiruvananthapuram - 695033

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Maximum Temperature Warning

Maximum temperatures are very likely to be around 38°C in Kannur & Kasargod districts around 37°C in Kozhikode, Malappuram, Thrissur, Palakkad & Ernakulam districts, around 36°C in Pathanamthitta & Kottayam districts (2 to 3°C above normal) during 1st & 2nd March 2025.

Maximum temperatures are very likely to exceed 95th percentile of climatological values at one or two places in Kerala during 1st & 2nd March 2025.

Impacts expected

- 1. Such weather is of health concern for vulnerable people e.g. infants, the elderly, people with chronic diseases, and people exposed to the sun for prolonged periods or doing heavy work.
- 2. Heat Cramp, Heat Rash likely during the peak hours of the day (11 AM 3 PM)

Action suggested

- \checkmark Avoid prolonged heat exposure.
- ✓ Wear lightweight, light-colored, loose, cotton clothes.
- ✓ Cover your head: Use a cloth, hat, or umbrella, while outdoors
- ✓ Drink sufficient water- even if not thirsty to avoid dehydration.
- \checkmark Schedule strenuous jobs to cooler times of the day.
- \checkmark Increasing the frequency and length of rest breaks for outdoor activities.
- \checkmark Pregnant workers and workers with medical conditions should be given additional attention.
- \checkmark Caution workers to avoid direct sunlight from 11 AM 3 PM
- ✓ Keep the cattle indoors between 11 AM and 3 PM
- ✓ Do not leave Children or pets in parked vehicles

Percentile Status*: The 95th and 98th percentile values are calculated based on climatological maximum temperature data for each station and these percentiles serve as indicators of the region's extreme warmth, highlighting temperatures that are higher than 95% and 98% of the historical temperature records for that area (1991-2020).

DUTY OFFICER Meteorological Centre, Thiruvananthapuram

